

**Domestic** 

Clubs

Alaska Alabama

Arkansas

California Carolina Colorado

Connecticut

Dallas

Delaware

Florida

Georgia Hawaii

Idaho

Iowa Kansas

Kentucky

Maryland

Michigan Mississippi

Missouri Montana

New England

New Jersey

New Mexico New York Oregon

Pennsylvania Phoenix

So. Cal

SWVA Rush Taos

Tennessee

Texas Virginia

Washington

Wisconsin



## Overview of Mississippi Futbol Club's DII Rush Cadet Program

The MFC Rush Cadet Program provides professional level training for its participants which rapidly improves a player's technical skills and tactical awareness. The training environment is strongly focused on improving player skills through developmentally and age appropriate training activities focus.

Division II is the interim level of competitive play for youth soccer in Mississippi. It is between DIII (Recreational) and DI (Select)

The DII format is team-oriented with periodic competitive matches through friendlies or tournaments. While DII is competitive, the atmosphere remains strongly developmental in purpose. Playing DII soccer through the Rush Cadet Program is for those players who desire professional coaching, a higher level of competition than recreational soccer, and a a family-friendly atmosphere that allows players to grow players to grow their soccer potential, achieve individual goals and most importantly, have fun.

The MFC Rush Cadet Program's curriculum is focused on the technical and tactical skills that we believe must be taught and learned by players in the MFC Rush Cadet Program to prepare them for successful matriculation into DI Select. These prioritized technical and tactical skills were selected based on two main sources:

- 1. US Soccer Curriculum (Renya, Perez, 2011)
- 2. 50+ years of accumulated coaching experience and knowledge of the MFC Rush Cadet coaching staff training 8, 9, 10 and 11 year old players.

The curriculum focuses on the following:

#### **Technical**

- Ball Mastery
- 1v1 (attacking & defending)
- Passing
- Receiving
- Turning
- Shooting
- Defending

## Tactical

- Possession
- Playing out of the back
- Changing the Point of Attack
- Attack Oriented Combination Play
- Ball Oriented Defending (1<sup>st</sup>/2<sup>nd</sup> DF)

# International Clubs

Africa - 17

Asia - 3

Caribbean - 6

Europe - 1

North America - 2 Oceania - 1

South America - 5

The curriculum is delivered through two general training session formats:

- Skill Training (group) sessions: Large group / academy training
- Team Training sessions: Team focused training

### Participation Process

To Participate in the Rush Cadet players must first tryout, be selected and receive an invitation from the Cadet Directors. The Rush Cadet Directors and Staff search prospective candidates by observing players in MFC Team Nights, DIII games, and through suggestions made from MFC DIII recreational coaches.





